

# The **Small-Scale Fisheries** Guidelines **Workbook**



This workbook is part of The Small-Scale Fisheries Guidelines Curriculum: A learning framework for young people and local educators to explore, imagine, and mobilize the FAO's Voluntary Guidelines for Securing Sustainable Small-Scale Fisheries in the Context of Food Security and Poverty Eradication in their beautiful, complex, and changing fishing communities as common worlds.



Food and Agriculture Organization  
of the United Nations



# ABOUT THIS WORKBOOK

This workbook accompanies the 1st edition of the SSF Guidelines Curriculum, an expeditionary learning framework engaging people (of all ages) to explore, imagine, and mobilize the SSF Guidelines in their beautiful, complex, and changing fishing villages.

To learn more about the curriculum visit: [www.ssfguidelinescurriculum.com](http://www.ssfguidelinescurriculum.com)

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Coast 2 Coast Movement. 2023. *The SSF Guidelines Curriculum Participant Workbook for Younger Learners*. Beyond the Surface International and FAO. Lobitos, Peru.  
[www.ssfguidelinescurriculum.com](http://www.ssfguidelinescurriculum.com)

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# WELCOME!

We are delighted this workbook found its way to you. Here you will find some fun prompts, artistic activities, and open spaces for you to explore and reflect upon the themes in the Small-Scale Fisheries Guidelines by the Food and Agriculture Organization (FAO) of the United Nations.

Small-scale fisheries (SSF) are very important for many reasons, for example they are a source of food and jobs for millions of people around the world! SSF also support healthy aquatic ecosystems and maintain vibrant relationships with the incredible community of animals, plants and other creatures that live under or near our seas, lakes, rivers, and lagoons. In our communities, SSF contribute to women's empowerment and passing rich cultural traditions and practices from generation to generation.

Because of the big contributions small-scale fisheries make to our lives here and beyond, it's important that we care for the communities, people, traditions, environment, and non-human beings that are involved and shaped by SSF. This is why we made the workbook that has landed in your hands!

This workbook is connected to "The Small-Scale Fisheries Guidelines Curriculum," a learning tool exploring the many relations happening within a small-scale fishing community, such as those between SSF people and the government, women and fishing and even those between SSF community members and aquatic neighbors like fish, octopus, clams, and other non-human beings.

In this workbook, you will find playful, creative activities that invite you to explore the world within and around your SSF community. Use these pages as inspiration to connect with the people in your village, town, neighborhood, or shoreline and also with the non-human characters with whom you share spaces. Create your own ideas or discover other ways of seeing the world around you. The important thing is that you find inspiration to tell stories about your small-scale fishing community.



# ABOUT ME:

My name is \_\_\_\_\_

I am \_\_\_\_ years old.

I live in \_\_\_\_\_

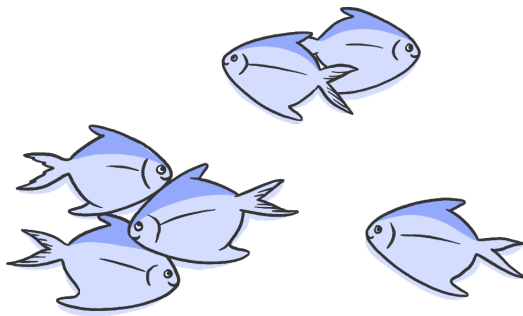
I really enjoy \_\_\_\_\_

My favorite local food or dish is \_\_\_\_\_

My favorite animal that lives in the water is \_\_\_\_\_

I care a lot about \_\_\_\_\_

My favorite local food or dish is \_\_\_\_\_



# ABOUT MY COMMUNITY:

What is the name of your village, neighborhood, or town? \_\_\_\_\_

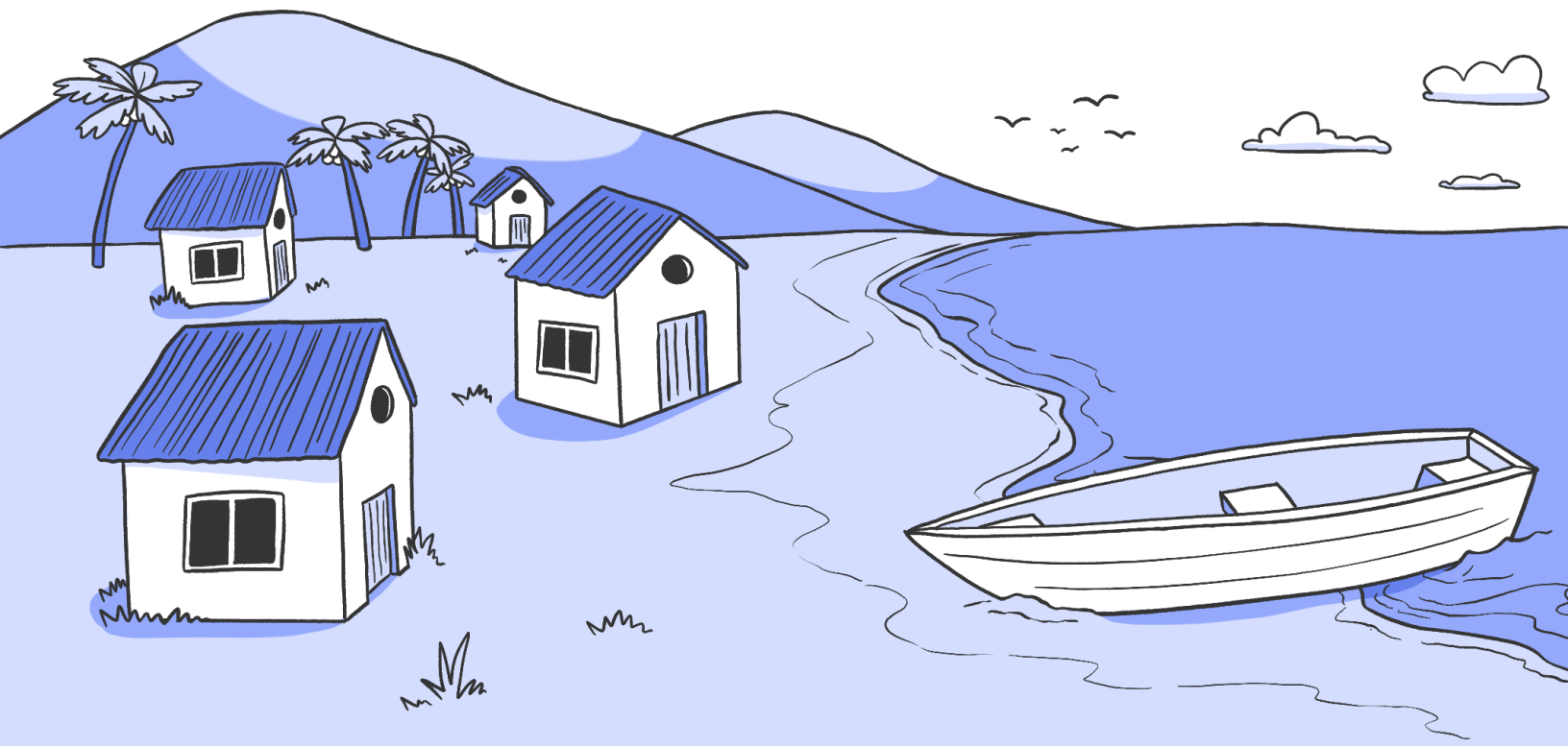
What is your favorite place in your community? \_\_\_\_\_

What is the typical food in your community? \_\_\_\_\_

What kind of jobs are in your community? \_\_\_\_\_

I think the best thing about my SSF community is \_\_\_\_\_

I would like my SSF community to be more \_\_\_\_\_

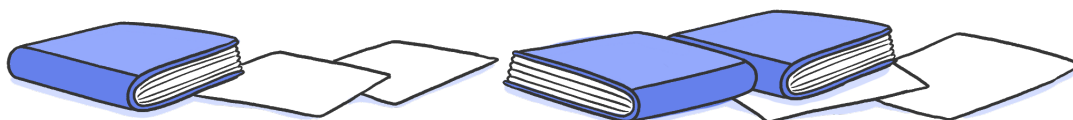


# FISHING FOR KEYWORDS IN A SEA OF LETTERS

Can you capture all 10 key terms from the SSF Guidelines? See if you can harvest them all. Be careful to fish the correct words. Leave the other words in the sea. We don't want any bycatch or accidentally fishing the wrong word!



- Tenure**
- Blue Justice**
- Small-Scale**
- Relationships**
- Human Rights**
- Equality**
- Non Human**
- Value Chains**
- Responsibilities**
- Decent Work**



# COMMUNITY POLICIES

Policies are guides that tell us what we do and how we do it. We use them all the time in different spaces and situations; for example, when somebody speaks in the classroom, we pay attention and listen to them, or when we go fishing, we only capture certain species of a particular size.

Policies are fundamental when sharing time and space together because they guide our ways of connecting with each other.

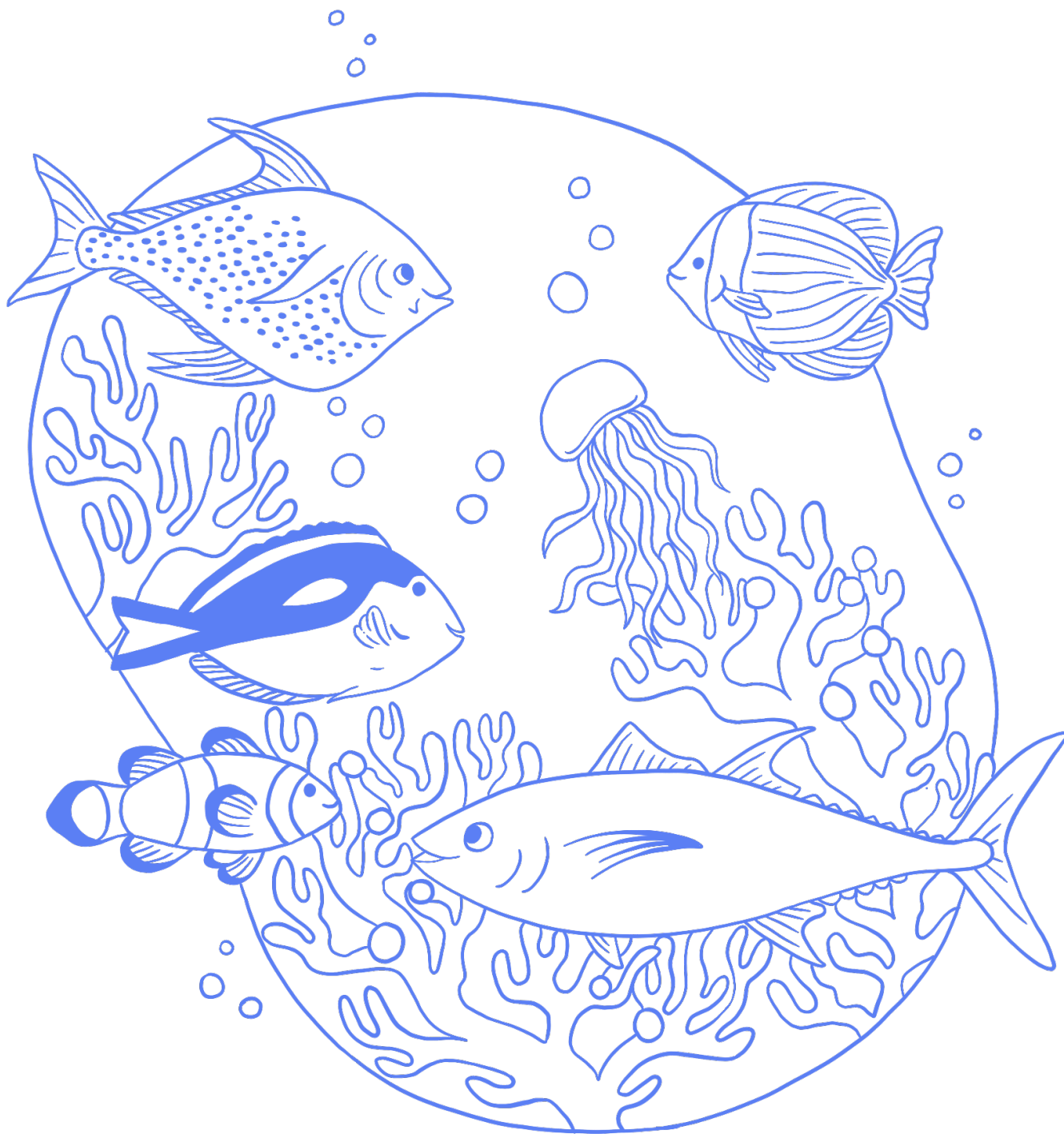
***Pick a situation (class, play time, fishing, family time, etc.) or space (school, home, shoreline, open water, etc.) and write five policies that guide your actions. Think about how you and others should connect with the space and those around?***

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_



# COLORS UNDER THE WATER

*Color in the fish as you imagine them or as you see them in your ocean!*





# MY COMMUNITY'S LEGENDS

Legends are stories told about a particular place, person or being that explain how some things came to be. Through legends many cultures have taught their future generations about their beliefs and values. It is very likely that in your community, many legends tell you a story about fish, water, beaches, rivers, storms or SSF people from long ago.

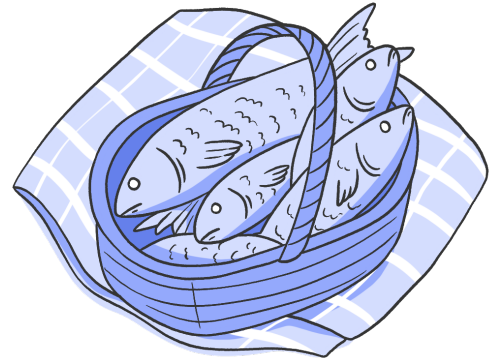
Go and explore what legends exist in your community! You can ask your village elders, teachers or a family member. Use the space below to write down and/or draw your favorite one! Think of the spaces, characters, and actions that make up the story!

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# MY FAVORITE SEAFOOD RECIPE

We all love to eat, and many of us have a favorite food or local dish! Document the recipe for your favorite freshwater or seafood.



Name of the dish: \_\_\_\_\_

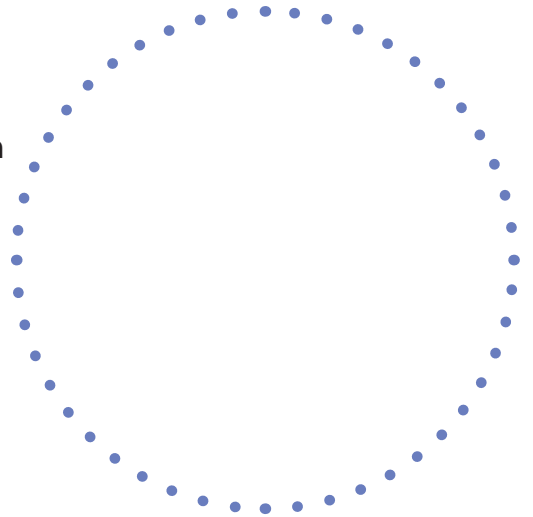
Draw the fish or aquatic species used in the dish:

Why do you like this traditional plate or local dish so much?

\_\_\_\_\_  
\_\_\_\_\_

Who makes it for you? Or who taught you how to make it?

\_\_\_\_\_



Ingredients:

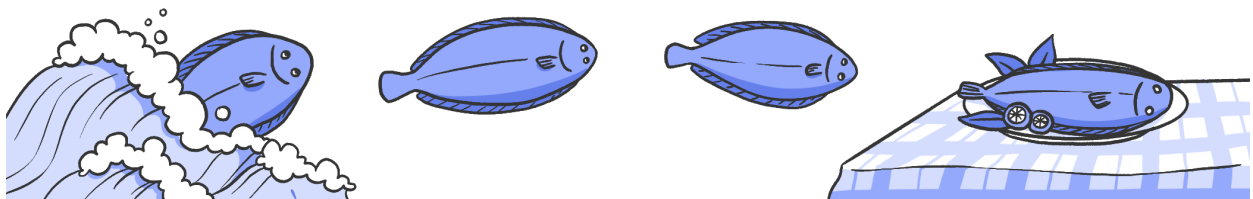
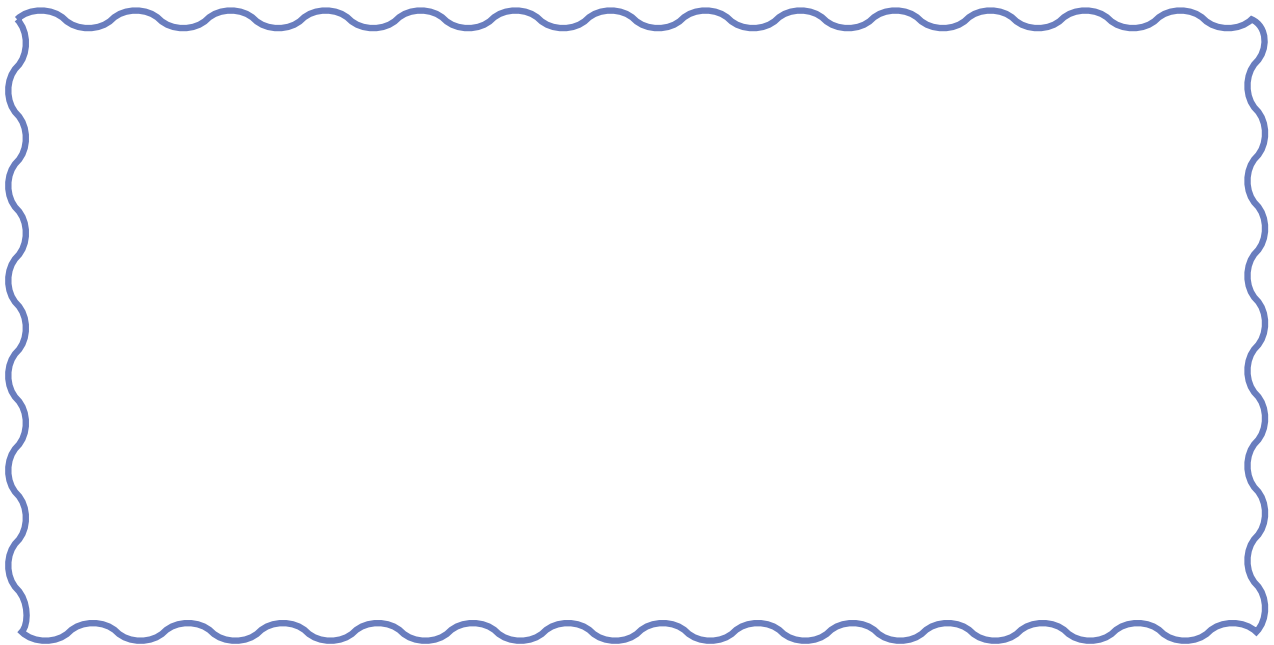
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_



### Steps

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### Draw your final dish



## THE POWER OF WOMEN

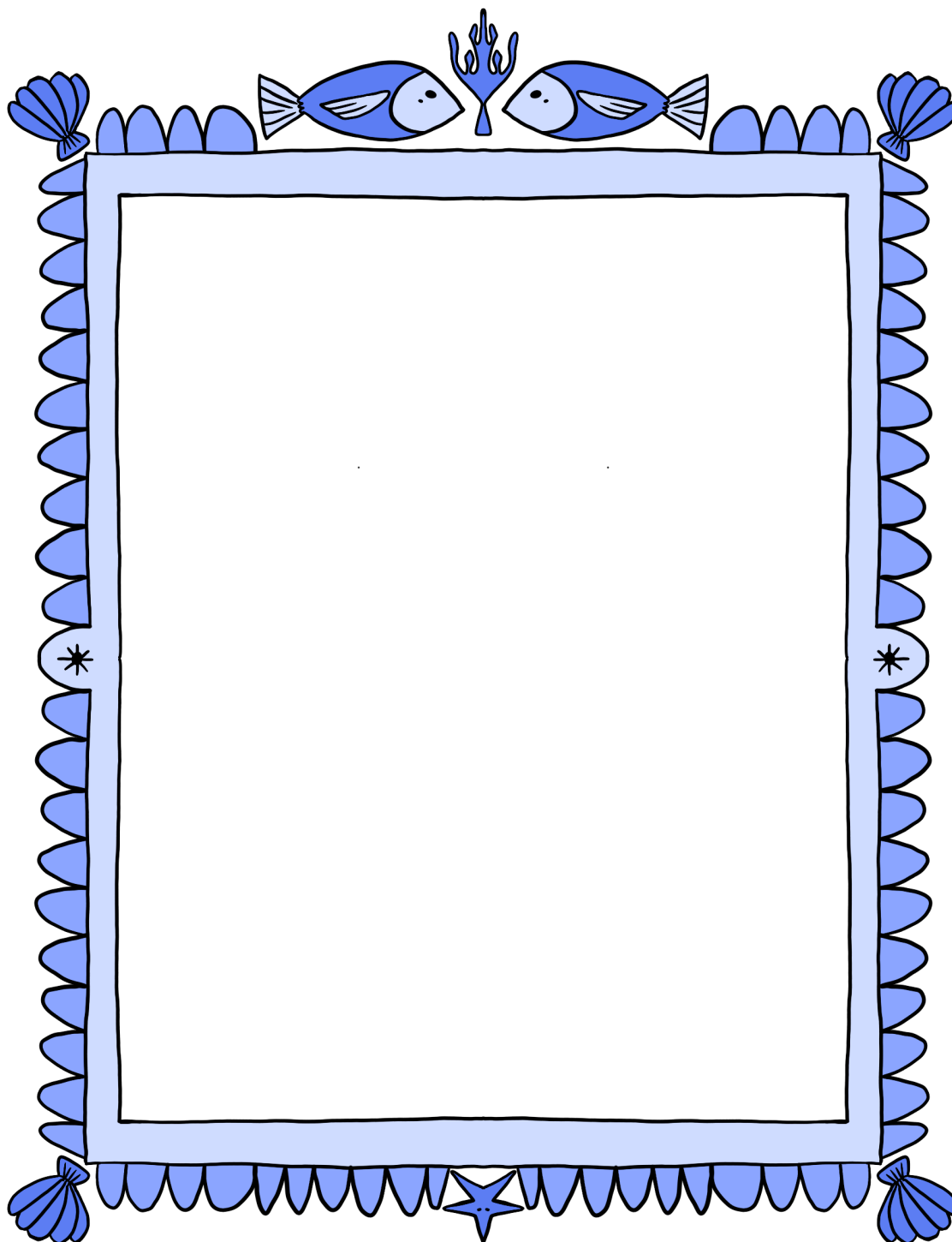
Women take on important roles that support the well-being of our fishing communities and the SSF sector. From small things like preparing meals for fishermen or mending nets to more involved tasks like collecting bait, descaling and gutting fish, selling or buying catches, or even owning their own boats and fishing. Women are said to be the backbone of artisanal fisheries.

Women's contributions to sustainable SSF are significant, but their efforts are unappreciated or unrecognized in decision-making processes and policies targeting the fishing sector. This needs to change!

***Draw the portrait of a woman who you think contributes something positive to your SSF community (from tiny to big things)!***

Ask her to describe her role in your community's fishery and how she contributes to well-being and sustainability. Once you finish drawing her portrait, feel free to share your artwork with her.





This is a portrait of: \_\_\_\_\_

Drawn by: \_\_\_\_\_

Her contributions to well-being: \_\_\_\_\_

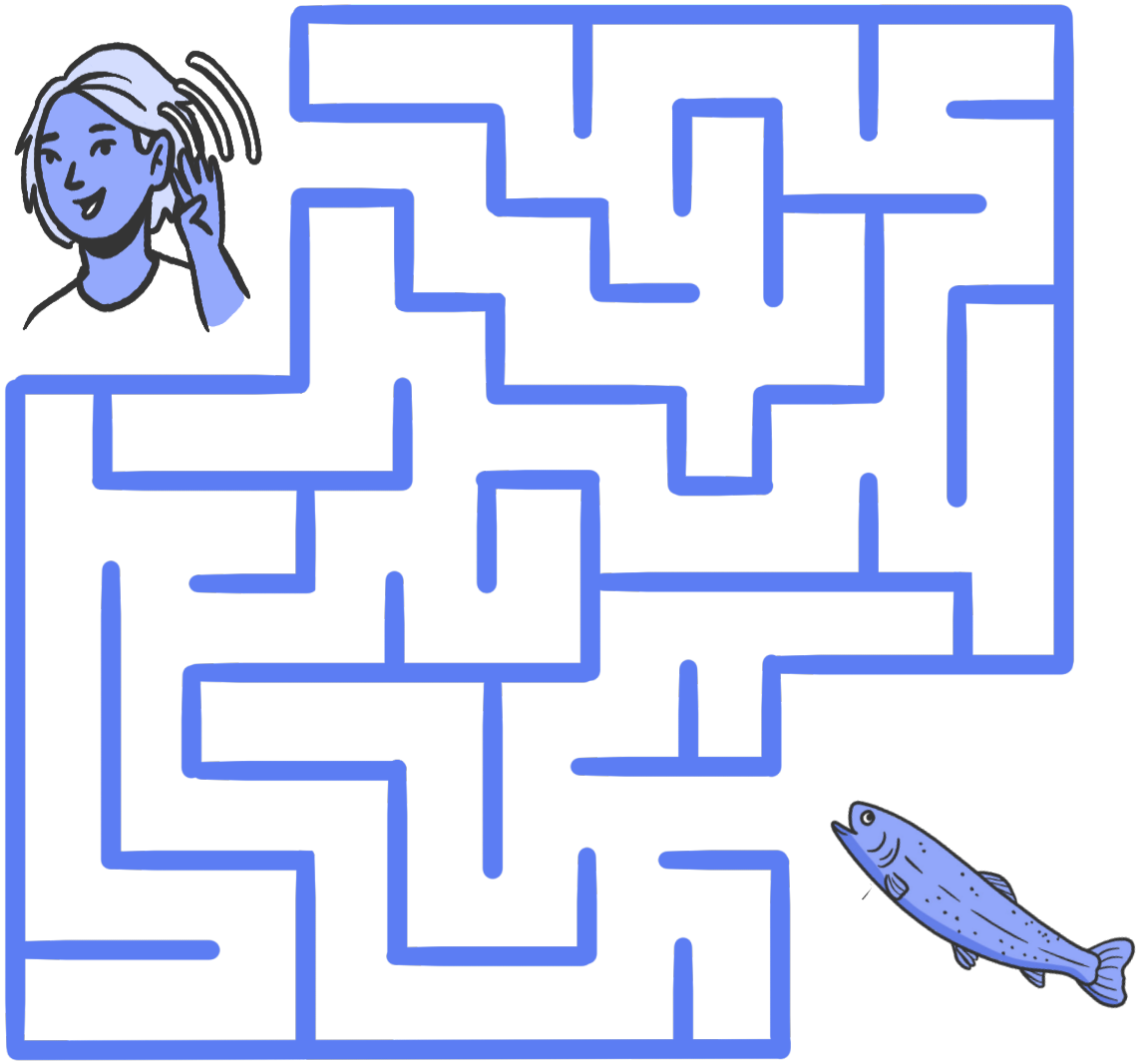


# HEADLINES FOR A FISHFUL FUTURE

Imagine you grab a newspaper 100 years from now; what positive headlines would you like to see about your community? What has your village, town, or neighborhood achieved as a society and part of the natural environment?



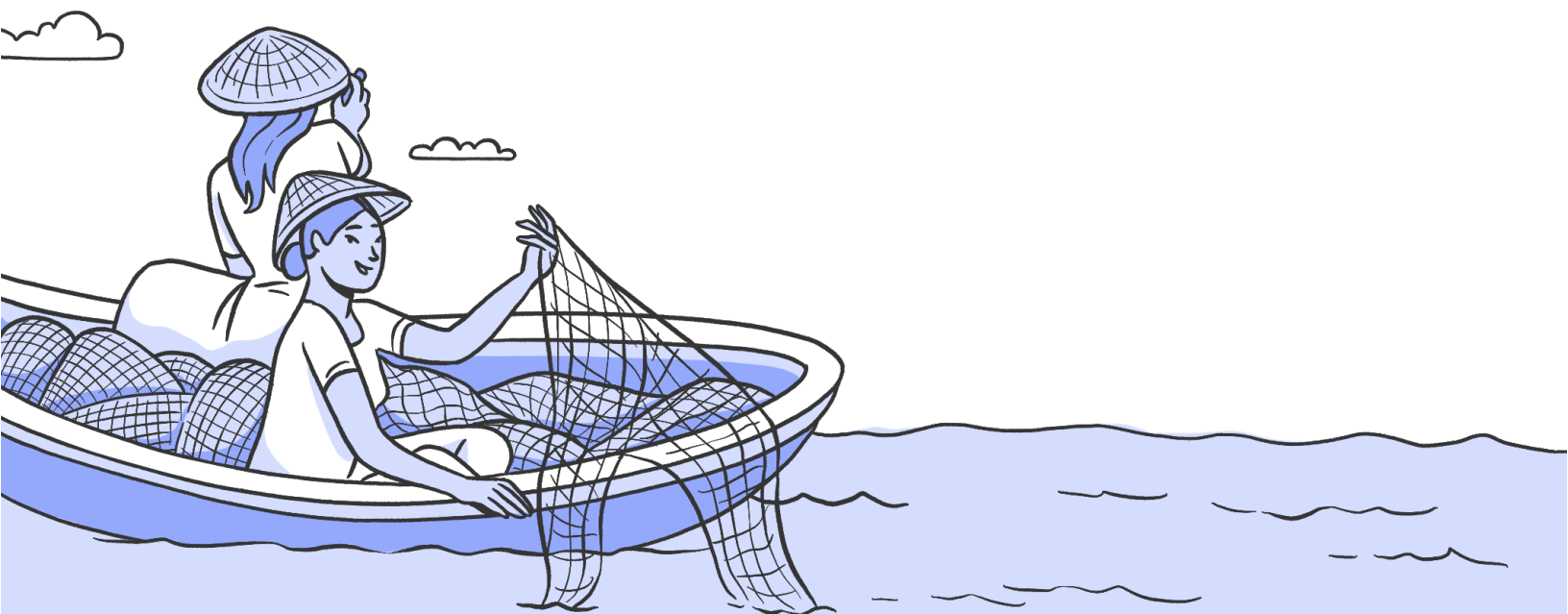
# AQUAMAZING!



## FISHING FOR IDEAS

Research is an activity EVERYONE does - not only scientists or people in universities. Investigations start with curiosity. We research things we want to know more about, from mending a net to making a particular seafood dish, cleaning the ocean or rivers, addressing rising sea levels, or ensuring enough fish in the ocean, lake, or lake river for future generations.

There is a sea of ideas out there ready to be fished; what do you want to know more about in your community? List five things worth researching!

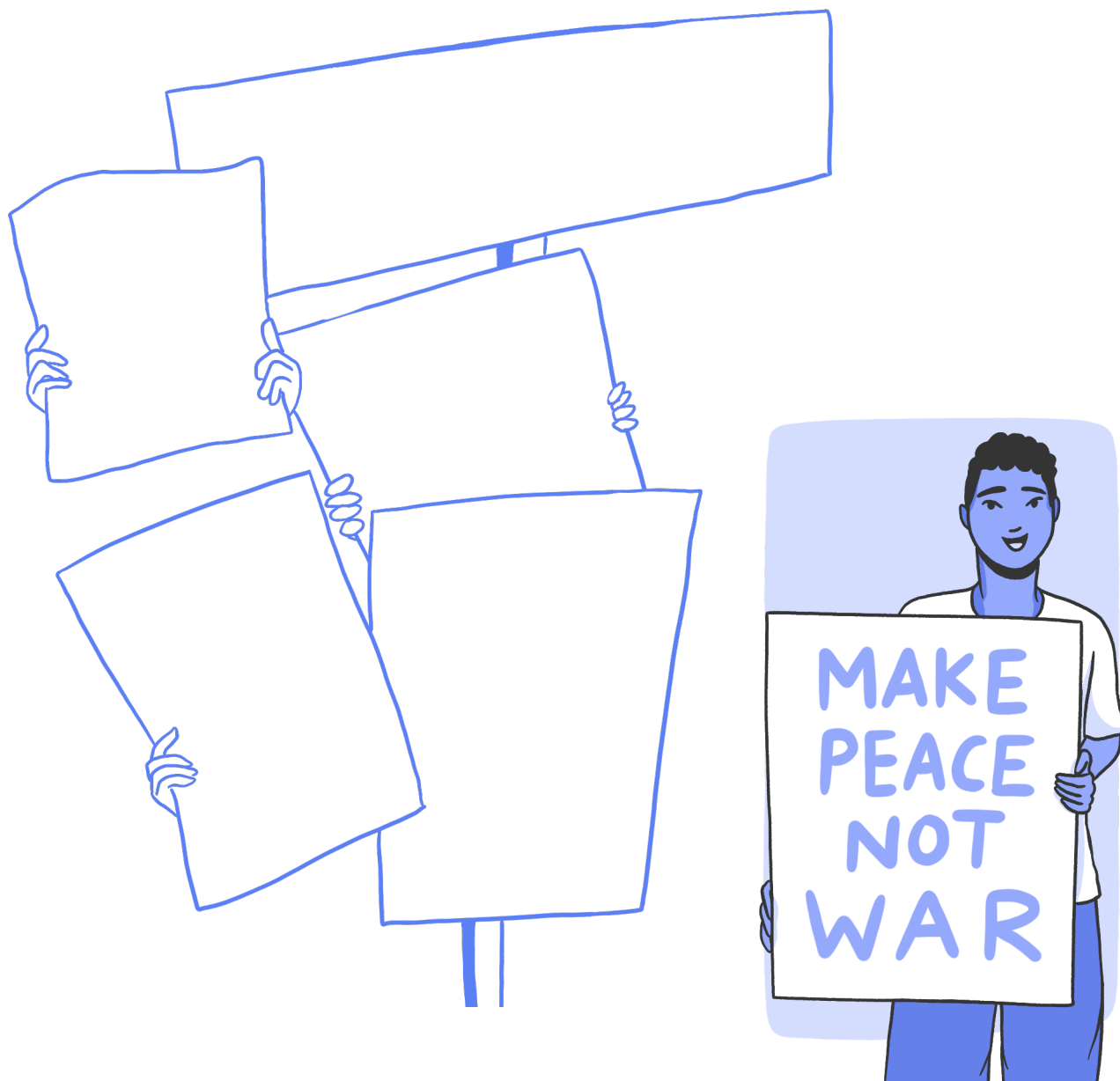




## ADVOCACY SIGNS

We would like to change many things in our community for the better. To do this, we often need public support. A way to get others to help our cause is through advocacy signs. We can place these signs around our community, for example, “I love a clean village!” to motivate people to place their garbage in trash bins. We can also use these signs to ask for a change we want to shape. For example, if we want support from our local government to implement the SSF Guidelines, we could make signs that address particular themes related to our ask. For example, “As the Seas Rise, So do We! Climate Action Now!” or “Healthy Seas for You and Me! No More Trawlers along our Shore.”

**Create your own advocacy sign for a cause important to your small-scale fishing community.**



# A DAY ALONG THE SHORE

Ask an adult to come with you and go for a walk around a local beach, lakeshore, or riverside. Take your time to explore the shoreline and observe those who share the space with us.

1. Who is sharing the space with you? (think of humans and non-humans)

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2. How do you feel in this space?

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3. What does the beach, lakeshore, or riverside smell like?

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4. When you close your eyes, what sounds do you hear?

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5. What kinds of activities happen in this space? (think of humans and non-humans)

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# WHO IS YOUR FAVORITE MARINE OR FRESHWATER NEIGHBOR, AND WHY DO YOU LIKE THEM?

Ask an adult to come with you and go for a walk around a local beach, lakeshore, or riverside. Go around and explore the tidepools or sandy shore. Can you find non-human beings sharing the space with us, such as crabs, fish, birds, trees, ants, or other plants or animals?

Draw the non-human being that sparks something in you.



*What sparked your interest in this non-human being.*

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## WHAT IS YOUR SUPERPOWER?

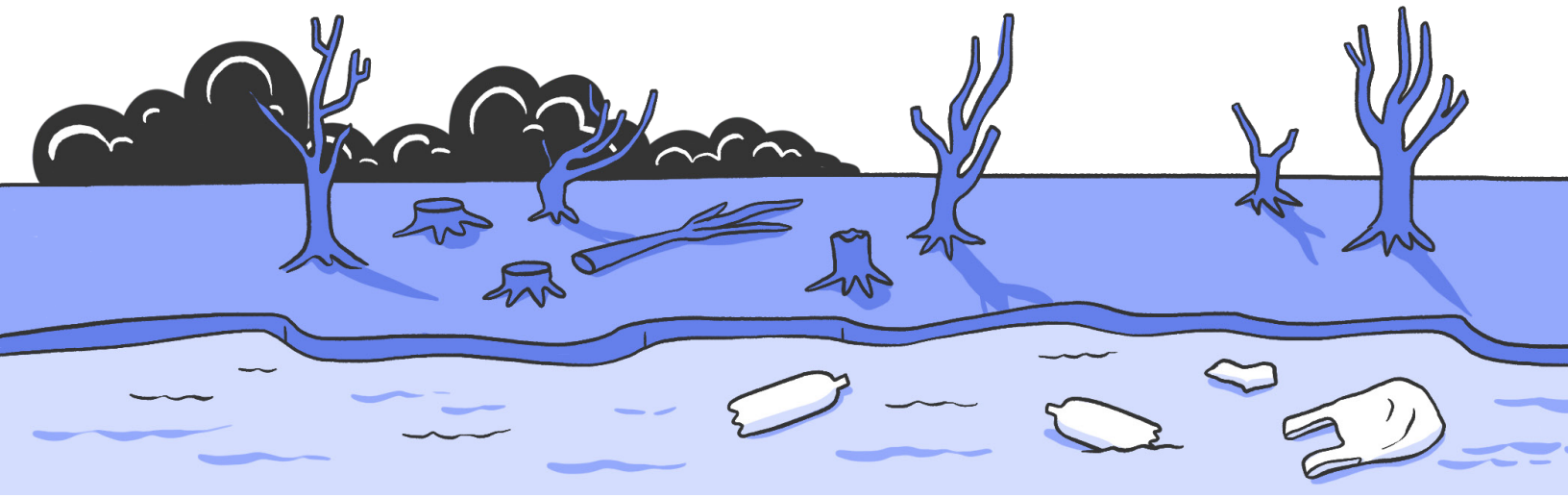
Believe it or not, everyone has superpowers; they are our different sets of natural abilities, strengths, and talents. Combined, they can be mighty and help your community thrive.

My superpower is: \_\_\_\_\_

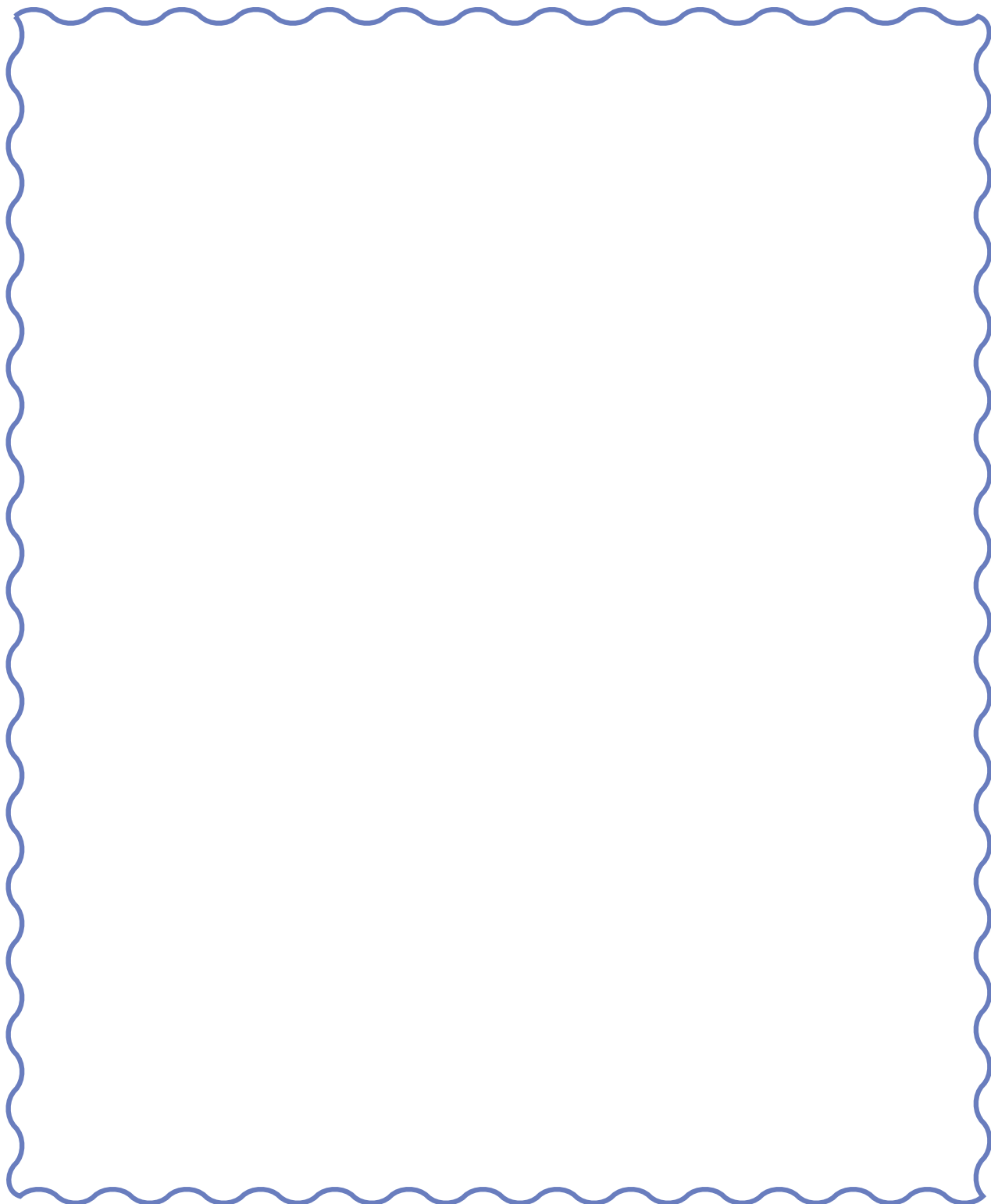
I use my superpower when: \_\_\_\_\_

My superpower can help my community when/by: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

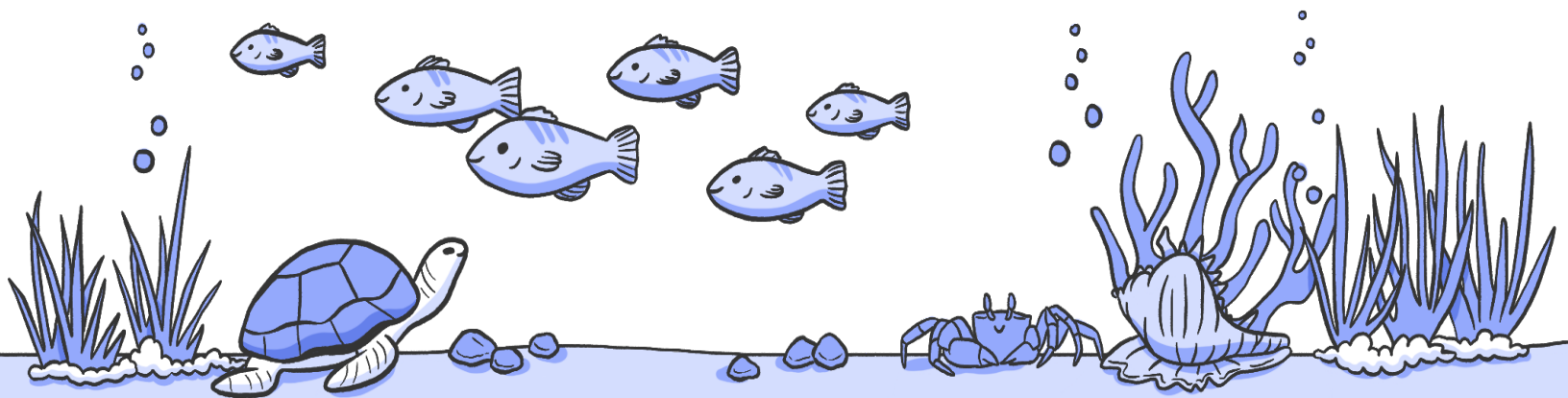


**Draw a picture of yourself embodying your superpower!**

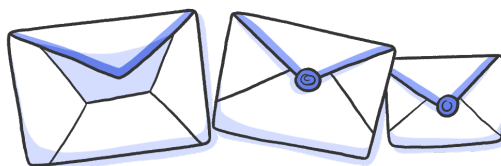


# HOW MANY FISH SPECIES DO YOU KNOW?

*Draw all the fish species you know and label them by their local names.*



# LOVE LETTER



Write a love letter to a non-human being or element with whom you feel connected. They can be the sea, the river, the sun, the sand, the fish, the bugs, whoever you like. Tell them why you like them and why you are grateful to them.

When you finish writing your letter, find a way to share it with them.

(Love letters are beyond an expression of romantic love; they also express care for someone you appreciate. Love letters are important to share because they strengthen relationships and cultivate feelings of appreciation and value with those with whom we are connected).

Dear \_\_\_\_\_

Handwriting practice lines consisting of 15 horizontal dashed lines for writing the letter.







Place \_\_\_\_\_ Date \_\_\_\_\_ Feeling \_\_\_\_\_

A series of horizontal dashed lines for writing.



Place\_\_\_\_\_ Date\_\_\_\_\_ Feeling\_\_\_\_\_

Handwriting practice lines consisting of 20 horizontal dashed lines.

Place\_\_\_\_\_ Date\_\_\_\_\_ Feeling\_\_\_\_\_

A series of 20 horizontal dashed lines for writing.





